CLAIMS

What is claimed to be new and desired to be protected by Letters Patent is set forth in the appended claims.

I claim:

- 1. An apparatus for disposable corrective optical film for attachment to the lens of eyeglasses, comprising:
- a) a corrective optical film having first and second sides, wherein said first side is to be contiguous to the lens of the eyeglasses; and,
- b) an adhering element being disposed on said first side of said film so as to adhere said film to the lens of the eyeglasses.
 - 2. The apparatus of Claim 1, wherein said adhering element is releasable.
- 3. The apparatus of Claim 2, wherein said adhering element comprises adhesive.
- 4. The apparatus of Claim 3, wherein said adhering element comprises a peel-off adhesive backing.

- 5. The apparatus of Claim 4, wherein said adhering element comprises spray-on mist.
- 6. The apparatus of Claim 5, further comprising a generally planar sheet having a plurality of corrective optical film disposed thereon.
- 7. The apparatus of Claim 6, wherein said planar sheet comprises corrective optical film having at least two different optical characteristics.
- 8. The apparatus of Claim 7, further comprising a peel and stick backing being disposed on said sheet to permit the film to be adhered to the lens of the eyeglasses.
- 9. The apparatus of Claim 8, further comprising indicia indicating the optical characteristics of the corrective optical film being disposed on said sheet.
- 10. The apparatus of Claim 9, further comprising an outline of the template of the corrective optical film being disposed on said sheet.
- 11. The apparatus of Claim 10, further comprising indicia warning a user to cut the corrective lens properly.

- 12. A method of applying and removing disposable optical film to the lens of eyeglasses; comprising:
- a) providing a generally planar sheet having a plurality of corrective optical film disposed thereon, the film having first and second sides, wherein the first side is to be contiguous to the lens of the eyeglasses; and,
- b) placing an adhering element on the first side of the film to adhere the film to the lens of the eyeglasses.
 - 13. The method of Claim 12, further comprising the steps of:
- a) outlining a template of the corrective optical film on the sheet to allow a user to see the area of the corrective optical film;
- b) tracing the shape of the lens of the eyeglasses onto the area within the template on the sheet so that the corrective optical film can be properly sized; and,
- c) cutting the corrective optical film from the sheet by cutting along the template and placing the film onto the lens of the eyeglasses.
 - 14. The method of Claim 13, comprising the steps of:
- a) placing indicia on the corrective optical film indicating the optical characteristics of the film; and,

- b) placing a warning on the corrective optical film to warn a user to cut the film properly.
- 15. The method of Claim 14, further comprising the step of placing a peel and stick backing on the corrective optical film to adhere the film to the lens of the eyeglasses.
- 16. The method of Claim 15, further comprising the step of removing the corrective optical film from the lens of the eyeglasses.
- 17. The method of Claim 13, further comprising the step of applying a spray of water onto the sunglasses inhibiting the adhesive side from prematurely sticking to the sunglasses while the film is being positioned